



Schedule for January 2009

			<u>Thursday 01</u>	<u>Friday 02</u>	<u>Saturday 03</u>	<u>Sunday 04</u>
						HypnoBirthing® 1 - 4pm
<u>Monday 05</u> Weaning Workshop 10am-11.30am	<u>Tuesday 06</u> Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm	<u>Wednesday 07</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm	<u>Thursday 08</u> Simply Social 10-11.30	<u>Friday 09</u> Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm	<u>Saturday 10</u> Assisted conception support group 10am-12noon	<u>Sunday 11</u> Dads group 10-11am HypnoBirthing® 1 - 4pm
<u>Monday 12</u> Park and Shop 10am- 12noon	<u>Tuesday 13</u> Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm	<u>Wednesday 14</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm	<u>Thursday 15</u> Simply Social 10-11.30 NCT Antenatal 7.30pm - 10pm	<u>Friday 16</u> Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm	<u>Saturday 17</u>	<u>Sunday 18</u> Dads group 10-11am HypnoBirthing® 1 - 4pm
<u>Monday 19</u> Messy play 10am-12noon	<u>Tuesday 20</u> Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm	<u>Wednesday 21</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm	<u>Thursday 22</u> Simply Social 10-11.30 NCT Antenatal 7.30pm - 10pm	<u>Friday 23</u> Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm	<u>Saturday 24</u> Assisted conception support group 10am-12noon	<u>Sunday 25</u> Dads group 10-11am HypnoBirthing® 1 - 4pm
<u>Monday 26</u>	<u>Tuesday 27</u> Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm	<u>Wednesday 28</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm	<u>Thursday 29</u> Simply Social 10-11.30 NCT Antenatal 7.30pm - 10pm	<u>Friday 30</u> Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm	<u>Saturday 31</u> BABY RACING 3pm - 6pm	<u>Sunday 01</u> February Dads group 10-11am











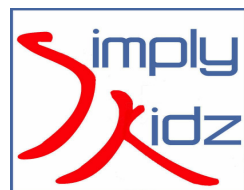
Schedule for February 2009

<p><u>Monday 02</u></p> <p>Weaning Workshop 10am-11.30am</p>	<p><u>Tuesday 03</u></p> <p>babygrowz Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 04</u></p> <p>Baby Yoga 10.30am-12noon</p> <p>Baby Massage 12.30 – 1.30pm</p>	<p><u>Thursday 05</u></p> <p>Simply Social 10-11.30</p> <p>Simply Bumps 1-2pm</p> <p>NCT Antenatal 7.30pm – 10pm</p>	<p><u>Friday 06</u></p> <p>babygrowz Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 07</u></p> <p>Assisted conception support group 10am-12noon</p>	<p><u>Sunday 08</u></p> <p>Dads group 10-11am</p>
<p><u>Monday 09</u></p> <p>Park and Shop 10am-12noon</p>	<p><u>Tuesday 10</u></p> <p>babygrowz Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 11</u></p> <p>Baby Yoga 10.30am-12noon</p> <p>Baby Massage 12.30 – 1.30pm</p>	<p><u>Thursday 12</u></p> <p>Simply Social 10-11.30</p> <p>Simply Bumps 1-2pm</p> <p>NCT Antenatal 7.30pm – 10pm</p>	<p><u>Friday 13</u></p> <p>babygrowz Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 14</u></p> <p>Tuina for Adults 10am – 4pm</p>	<p><u>Sunday 15</u></p> <p>Dads group 10-11am</p> <p>Tuina for Adults 10am – 4pm</p>
<p><u>Monday 16</u></p> <p>Messy play 10am-12noon</p>	<p><u>Tuesday 17</u></p> <p>babygrowz Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 18</u></p> <p>Baby Yoga 10.30am-12noon</p> <p>Baby Massage 12.30 – 1.30pm</p>	<p><u>Thursday 19</u></p> <p>Simply Social 10-11.30</p> <p>Simply Bumps 1-2pm</p>	<p><u>Friday 20</u></p> <p>Messy play 10am-12noon</p>	<p><u>Saturday 21</u></p> <p>Assisted conception support group 10am-12noon</p>	<p><u>Sunday 22</u></p> <p>Dads group 10-11am</p>
<p><u>Monday 23</u></p>	<p><u>Tuesday 24</u></p> <p>babygrowz Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 25</u></p> <p>Baby Yoga 10.30am-12noon</p> <p>Baby Massage 12.30 – 1.30pm</p>	<p><u>Thursday 26</u></p> <p>Simply Social 10-11.30</p> <p>Simply Bumps 1-2pm</p>	<p><u>Friday 27</u></p> <p>babygrowz Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 28</u></p> <p>Tuina for Adults 10am – 4pm</p>	



Schedule for March 2009

						<p><u>Sunday 01</u> <i>Dads group</i> 10-11am <i>Tuina for Adults</i> 10am - 4pm</p>
<p><u>Monday 02</u> Post Natal Group Demo at Wittering 10am - 11am</p>	<p><u>Tuesday 03</u> NCT Antenatal 9.30am - 1pm  Babies 1.30-2.45pm Movers 2.45-4pm Walkers 4pm-5.30pm</p>	<p><u>Wednesday 04</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm</p>	<p><u>Thursday 05</u> Simply Social 10-11.30 Simply Bumps 1-2pm</p>	<p><u>Friday 06</u>  Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 07</u> NCT Antenatal 10am -4.30pm</p>	<p><u>Sunday 08</u> <i>Dads group</i> 9 -10am NCT Antenatal 10am -4.30pm</p>
<p><u>Monday 09</u> Messy play 10am-12noon</p>	<p><u>Tuesday 10</u> NCT Antenatal 9.30am - 1pm  Babies 1.30-2.45pm Movers 2.45-4pm Walkers 4pm-5.30pm NCT Antenatal 7.30am -9.30pm</p>	<p><u>Wednesday 11</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm</p>	<p><u>Thursday 12</u> Simply Social 10-11.30 Simply Bumps 1-2pm</p>	<p><u>Friday 13</u>  Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 14</u> <i>Assisted conception support group</i> 10am-12noon</p>	<p><u>Sunday 15</u> <i>Dads group</i> 10-11am</p>
<p><u>Monday 16</u> Weaning Workshop 10am-11.30am</p>	<p><u>Tuesday 17</u>  Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 18</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm</p>	<p><u>Thursday 19</u> Simply Social 10-11.30 Simply Bumps 1-2pm</p>	<p><u>Friday 20</u>  Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 21</u> <i>Tuina for Adults</i> 10am - 4pm</p>	<p><u>Sunday 22</u> <i>Dads group</i> 10-11am</p>
<p><u>Monday 23</u> Park and Shop 10am-12noon</p>	<p><u>Tuesday 24</u>  Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 25</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm</p>	<p><u>Thursday 26</u> Simply Social 10-11.30 Simply Bumps 1-2pm</p>	<p><u>Friday 27</u>  Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 28</u> <i>Assisted conception support group</i> 10am-12noon</p>	<p><u>Sunday 29</u> <i>Dads group</i> 10-11am</p>
<p><u>Monday 30</u></p>	<p><u>Tuesday 31</u></p>					



Schedule for January 2009

			<u>Thursday 01</u>	<u>Friday 02</u>	<u>Saturday 03</u>	<u>Sunday 04</u>
						HypnoBirthing® 1 - 4pm
<u>Monday 05</u> Weaning Workshop 10am-11.30am	<u>Tuesday 06</u> Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm	<u>Wednesday 07</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm	<u>Thursday 08</u> Simply Social 10-11.30	<u>Friday 09</u> Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm	<u>Saturday 10</u> Assisted conception support group 10am-12noon	<u>Sunday 11</u> Dads group 10-11am HypnoBirthing® 1 - 4pm
<u>Monday 12</u> Park and Shop 10am- 12noon	<u>Tuesday 13</u> Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm	<u>Wednesday 14</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm	<u>Thursday 15</u> Simply Social 10-11.30 NCT Antenatal 7.30pm - 10pm	<u>Friday 16</u> Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm	<u>Saturday 17</u>	<u>Sunday 18</u> Dads group 10-11am HypnoBirthing® 1 - 4pm
<u>Monday 19</u> Messy play 10am-12noon	<u>Tuesday 20</u> Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm	<u>Wednesday 21</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm	<u>Thursday 22</u> Simply Social 10-11.30 NCT Antenatal 7.30pm - 10pm	<u>Friday 23</u> Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm	<u>Saturday 24</u> Assisted conception support group 10am-12noon	<u>Sunday 25</u> Dads group 10-11am HypnoBirthing® 1 - 4pm
<u>Monday 26</u>	<u>Tuesday 27</u> Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm	<u>Wednesday 28</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm	<u>Thursday 29</u> Simply Social 10-11.30 NCT Antenatal 7.30pm - 10pm	<u>Friday 30</u> Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm	<u>Saturday 31</u> BABY RACING 3pm - 6pm	<u>Sunday 01</u> February Dads group 10-11am



Schedule for February 2009

<p><u>Monday 02</u></p> <p>Weaning Workshop 10am-11.30am</p>	<p><u>Tuesday 03</u></p> <p>babygrowz Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 04</u></p> <p>Baby Yoga 10.30am-12noon</p> <p>Baby Massage 12.30 – 1.30pm</p>	<p><u>Thursday 05</u></p> <p>Simply Social 10-11.30</p> <p>Simply Bumps 1-2pm</p> <p>NCT Antenatal 7.30pm – 10pm</p>	<p><u>Friday 06</u></p> <p>babygrowz Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 07</u></p> <p>Assisted conception support group 10am-12noon</p>	<p><u>Sunday 08</u></p> <p>Dads group 10-11am</p>
<p><u>Monday 09</u></p> <p>Park and Shop 10am-12noon</p>	<p><u>Tuesday 10</u></p> <p>babygrowz Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 11</u></p> <p>Baby Yoga 10.30am-12noon</p> <p>Baby Massage 12.30 – 1.30pm</p>	<p><u>Thursday 12</u></p> <p>Simply Social 10-11.30</p> <p>Simply Bumps 1-2pm</p> <p>NCT Antenatal 7.30pm – 10pm</p>	<p><u>Friday 13</u></p> <p>babygrowz Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 14</u></p> <p>Tuina for Adults 10am – 4pm</p>	<p><u>Sunday 15</u></p> <p>Dads group 10-11am</p> <p>Tuina for Adults 10am – 4pm</p>
<p><u>Monday 16</u></p> <p>Messy play 10am-12noon</p>	<p><u>Tuesday 17</u></p> <p>babygrowz Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 18</u></p> <p>Baby Yoga 10.30am-12noon</p> <p>Baby Massage 12.30 – 1.30pm</p>	<p><u>Thursday 19</u></p> <p>Simply Social 10-11.30</p> <p>Simply Bumps 1-2pm</p>	<p><u>Friday 20</u></p> <p>Messy play 10am-12noon</p>	<p><u>Saturday 21</u></p> <p>Assisted conception support group 10am-12noon</p>	<p><u>Sunday 22</u></p> <p>Dads group 10-11am</p>
<p><u>Monday 23</u></p>	<p><u>Tuesday 24</u></p> <p>babygrowz Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 25</u></p> <p>Baby Yoga 10.30am-12noon</p> <p>Baby Massage 12.30 – 1.30pm</p>	<p><u>Thursday 26</u></p> <p>Simply Social 10-11.30</p> <p>Simply Bumps 1-2pm</p>	<p><u>Friday 27</u></p> <p>babygrowz Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 28</u></p> <p>Tuina for Adults 10am – 4pm</p>	



Schedule for March 2009

						<p><u>Sunday 01</u> <i>Dads group</i> 10-11am <i>Tuina for Adults</i> 10am - 4pm</p>
<p><u>Monday 02</u> Post Natal Group Demo at Wittering 10am - 11am</p>	<p><u>Tuesday 03</u> NCT Antenatal 9.30am - 1pm babygrowz Babies 1.30-2.45pm Movers 2.45-4pm Walkers 4pm-5.30pm</p>	<p><u>Wednesday 04</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm</p>	<p><u>Thursday 05</u> Simply Social 10-11.30 Simply Bumps 1-2pm</p>	<p><u>Friday 06</u> babygrowz Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 07</u> NCT Antenatal 10am -4.30pm</p>	<p><u>Sunday 08</u> <i>Dads group</i> 9 -10am NCT Antenatal 10am -4.30pm</p>
<p><u>Monday 09</u> Messy play 10am-12noon</p>	<p><u>Tuesday 10</u> NCT Antenatal 9.30am - 1pm babygrowz Babies 1.30-2.45pm Movers 2.45-4pm Walkers 4pm-5.30pm NCT Antenatal 7.30am -9.30pm</p>	<p><u>Wednesday 11</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm</p>	<p><u>Thursday 12</u> Simply Social 10-11.30 Simply Bumps 1-2pm</p>	<p><u>Friday 13</u> babygrowz Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 14</u> <i>Assisted conception support group</i> 10am-12noon</p>	<p><u>Sunday 15</u> <i>Dads group</i> 10-11am</p>
<p><u>Monday 16</u> Weaning Workshop 10am-11.30am</p>	<p><u>Tuesday 17</u> babygrowz Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 18</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm</p>	<p><u>Thursday 19</u> Simply Social 10-11.30 Simply Bumps 1-2pm</p>	<p><u>Friday 20</u> babygrowz Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 21</u> <i>Tuina for Adults</i> 10am - 4pm</p>	<p><u>Sunday 22</u> <i>Dads group</i> 10-11am</p>
<p><u>Monday 23</u> Park and Shop 10am-12noon</p>	<p><u>Tuesday 24</u> babygrowz Walkers 9.15-10.30 Babies 10.30-11.45 Movers 11.45-1pm</p>	<p><u>Wednesday 25</u> Baby Yoga 10.30am-12noon Baby Massage 12.30 - 1.30pm</p>	<p><u>Thursday 26</u> Simply Social 10-11.30 Simply Bumps 1-2pm</p>	<p><u>Friday 27</u> babygrowz Walkers 9.45-11am Babies 11.15-12.30 Movers 12.45-2pm</p>	<p><u>Saturday 28</u> <i>Assisted conception support group</i> 10am-12noon</p>	<p><u>Sunday 29</u> <i>Dads group</i> 10-11am</p>
<p><u>Monday 30</u></p>	<p><u>Tuesday 31</u></p>					